

How We Can Help

We most commonly support individuals by:

- Providing initial assessment appointments to produce personalised support recommendations
- Providing Cognitive Behavioural Therapy sessions
- Providing Acceptance and Commitment Therapy sessions
- Providing Cognitive Analytic Therapy sessions
- Conducting ASD and ADHD diagnostic assessments
- Conducting cognitive assessments
- Carrying out school consultations
- Carrying out expert witness work - not currently available.