

Adult ADHD appointment:

We cannot guarantee the outcome of a diagnostic assessment but we will not recommend this assessment if we do not feel there is a strong likelihood of receiving a diagnosis.

In addition to the completion of screening measures and surveys, this assessment involves a detailed interview with yourself and someone you feel knows you very well (ideally a parent or partner). This can take around 3-4 hours and focuses on all aspects of life so far, as well as the specific symptoms you present with and the impact of this upon your current life.

You will also receive a 1 hour feedback session with your lead clinician to address any questions you have about the assessment outcome and onward journey. This usually takes place around 6 weeks after the report has been issued so that you have a chance to gather any questions.